

MARK SORENSEN YOUTH SAILING PROGRAM

KEY LARGO SAILING SUMMER CAMP

Important Information and Reminders

DROP OFF & PICK UP TIMES:

Drop off is from 8:30-8:45am sharp each day so that we can begin camp promptly by 9am. Please contact our coach directly to notify them if you will be running late. Camp activities will begin with or without your child. We do not offer aftercare service, so we appreciate prompt pick up each day at 3pm.

DIRECTIONS & PARKING:

The Upper Keys Sailing Club is located at 100 Ocean Bay Drive in Key Largo. We are located on the bayside at MM100 at the end of the street where the Burger King is located. If you are driving south, turn right onto Ocean Bay Drive. If you are heading north to the club, you will make a left onto Ocean Bay Drive, just passed the CVS.

The club's main gate will be open and you may park your car in front of the clubhouse.

LUNCH & SNACKS:

Please pack your children a hearty morning and afternoon snack in addition to a healthy lunch each day. Campers will definitely get a good workout throughout the day and will work up a good appetite as a result. Kids may store their lunches in the refrigerator located behind the club house.

We recommend that you pack them an energy bar to take with them on the boat in case they get hungry while on the water. For an additional \$5, children can partake in our "Pizza Friday" as a way to celebrate their accomplishments for the week.

CAMPERS ARE RESPONSIBLE FOR CLEANING UP AFTER THEMSELVES AFTER EVERY MEAL AND AT THE END OF EACH DAY! They, along with the camp volunteers, must scan the shoreline along the beach, youth area and patio areas and pick up all trash before leaving. We are located right by the water and need to avoid having trash blown into bay. We are also a small club, so this should only take a few minutes.

REUSABLE WATER & BEVERAGE BOTTLES:

EACH CAMPER MUST BRING A LABELED REUSABLE WATER/BEVERAGE BOTTLE TO CAMP EACH DAY. Sodas cans and Gatorade bottles **ARE NOT ALLOWED.** They can put these beverages in a reusable bottle, however. MSYSP will provide jugs of fresh ice water, both on land and on water in the coach boats, so kids

can refill their water bottles. MSYSP will NOT provide plastic cups nor are they allowed to be brought in, so please make sure they bring a reusable bottle!

USE OF PHONES & OTHER ELECTRONICS:

THEY ARE NOT ALLOWED!!! Phones will be collected from each camper at the beginning of the day and placed in a basket that will be kept inside the club house. They may only check their phones at the end of the day when they have picked up trash and finished the day's activities. PLEASE MAKE THIS CLEAR TO YOUR CHILDREN PRIOR TO THE FIRST DAY OF CAMP.

In case of an emergency, parents can contact the coaches directly while at camp or the coaches will contact the parent via text and/or phone.

RECOMMENDED ATTIRE:

Long sleeve rash guards that provide UV protection are highly recommended. Colombia, Quicksilver and Hurley brands can be found at West Marine and Divers Direct. Cheaper brands can also be purchased but may not provide the same comfort and UV protection.

Good slip-on booties or water shoes with straps are a MUST. No sandals please, as these slip off easily and often end up floating ashore.

Wide brim hats with chin straps or fishing flap caps that protect the neck and ears from the sun are also recommended.

Bandanas or "buffs" that can be wrapped over the neck, head and even the face are also a great way to protect the kids from the sun. West Marine and Divers Direct carry these, otherwise they can be ordered online.

LIFEJACKETS:

MSYSP has a good supply of life jackets for campers, but to ensure proper fit and maximum safety we recommend children bring their own life jackets. **CAMPERS MUST WEAR LIFE JACKETS WHILE SAILING OR SWIMMING AT THE CLUB! NO EXCEPTIONS!**

SUNBLOCK & BUG SPRAY:

We also will have a plentiful stash of sun block and bug repellent at the club, but these products work best when applied at home before arriving at camp so that they are fully absorbed by the skin.

Our coaches and volunteers will remind campers to reapply their sunblock before and after they get in and out of the water.

INCLEMENT WEATHER:

We will have camp come rain or shine as we have activities planned in case of bad weather. In case of a Tropical Storm warning, MSYSP will notify parents accordingly of camp cancellation.

On those very rare days where rain is expected throughout the entire day, we will give parents the option to pick up their kids early. Parents will be notified via text or phone call by one of the coaches. MSYSP will gladly keep campers until 3pm for those parents or guardians unable to pick up their kids early.

We take your children's safety very seriously, so campers will not sail in strong winds, nor during the visible presence of lightning or the threat of a thunder storm.

FOLLOWING OUR CODE OF CONDUCT:

As you may know, the Upper Keys Sailing Club is a private club for members who enjoy the use of the club's facilities and grounds. For this reason, it is imperative that all summer camp children closely adhere to the rules and regulations clearly outlined in our **Code of Conduct form**. Please take the time to read this form to your children so that they understand that we must balance summer camp fun with the rights and privileges of all our club members.

RULES FOR FAMILY MEMBERS:

Parents and grandparents are encouraged to stay at the club for a short while to see their kids sail near shore. Family members will be invited to see their kids sail from our sunset pier on Friday at around 10:30am. You are welcome to take all the pictures and videos you like during this time. Depending on the availability of boats, you may be able to get on one of the coach boats and see your child sail from the water.

Parents and grandparents will not be allowed the use of club facilities unless they are already members of the club. Siblings not participating in the camp must be accompanied by an adult at all times and may not swim or go in the water.

CONTACT INFORMATION:

Coach Rogelio Padron: (786) 344-2543 Asst. Coach Brianna Wilson: (305) 942-4769

Rosa Lamela, Youth Director: (305) 747-2600

UKSC Dockmaster (Mondays, Thursdays & Fridays only): (305) 451-9972